













## ANTIBIOTICS AND THE COLD AND FLU







Stay home and rest
Drink plenty of fluids
Take acetaminophen or ibuprofen for pain
See a doctor if necessary
Let the doctor decide what you need
Do not demand antibiotics
Do not give aspirin to children or teenagers





Do not take antibiotics for a viral sickness such as a cold or the flu:





You will not get better any faster
You will not feel better any faster
Others can still catch the cold or the flu
Antibiotics may not work as well for you in the future





Antibiotics kill bacteria

Antibiotics do not kill viruses



Unnecessary antibiotics can be harmful



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